

## Parking


There is no public parking in Hope Street, but there are several car parks near by. The main ones are the Commons (Congleton Road), the car park near Sainsburys, Chapel Street, and the Market Square (disabled parking only). Please note that parking can be difficult on Thursdays because of the Market.


## Public Transport

There is a regular bus service from Crewe, Congleton and Macclesfield. There are also services from Holmes Chapel, Northwich and Hanley, but these are less frequent. If you are travelling by train, please note that the station is about 1 mile from the centre, on the A533 Middlewich road.

## Contacting the Centre:

For further information or to make an appointment, please telephone the centre or write to the address below. If no-one is available to take your call, please leave a message on our answering machine.

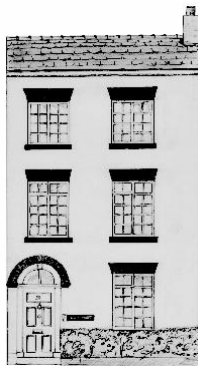
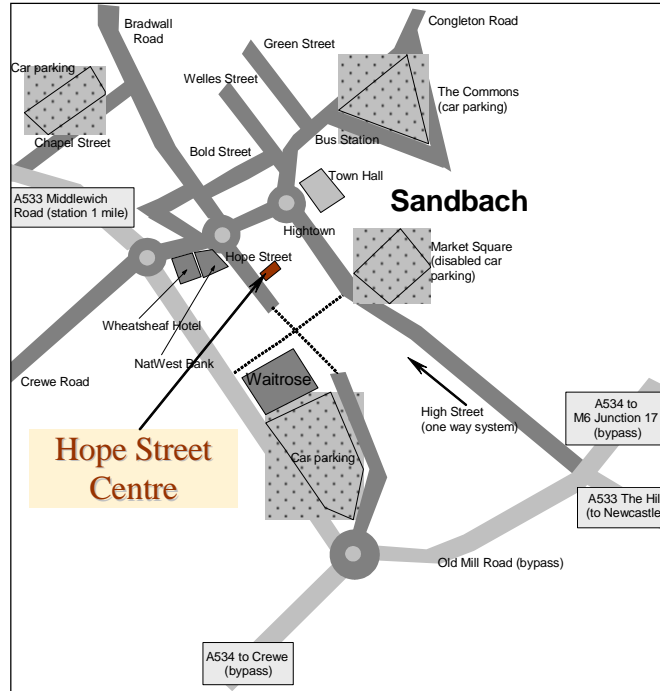
 **01270 764003** Our telephones are normally answered by counsellors, or if one is not available please leave your number and we will call you back as soon as possible.

 To contact us by email send your message to:

**[counselling@hopestreetcentre.co.uk](mailto:counselling@hopestreetcentre.co.uk)**.

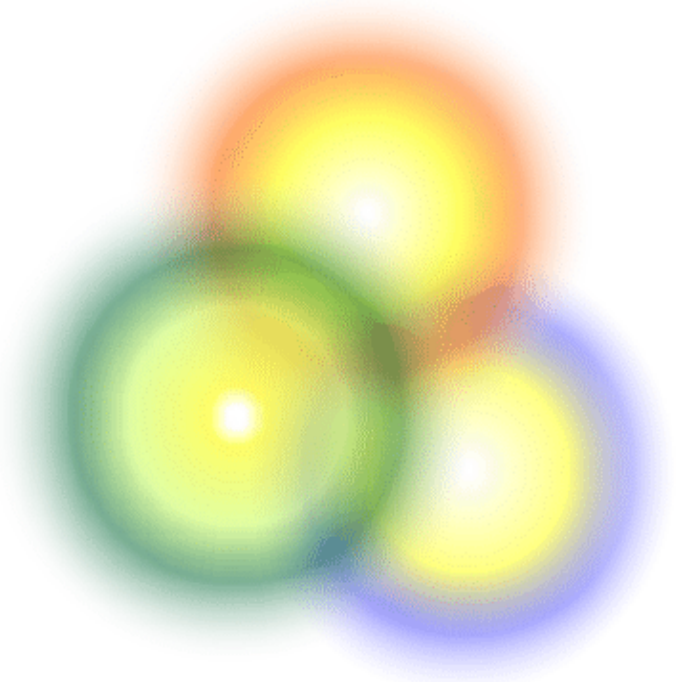
You can also access our web site at:

**[www.hopestreetcentre.co.uk](http://www.hopestreetcentre.co.uk)**



**The Hope Street Centre**  
**10 Hope Street, Sandbach**  
**Cheshire, CW11 1BA**  
**01270-764003**  
**[www.hopestreetcentre.co.uk](http://www.hopestreetcentre.co.uk)**

# The Hope Street Centre



# information

# The Hope Street Centre



The Hope Street Centre is home to a number of independent professional therapists, who offer a range of high-quality therapies and services. These include counselling and other psychological therapies, and a wide range of complementary therapies.

A separate leaflet is available describing the therapies in more detail.

## Therapists

The therapists and counsellors working at the centre are all self-employed professionals in their own right. Once you have selected a therapist your contract will be with him or her. Fees are paid direct to your therapist.

Practitioners work to the codes of conduct set by their governing body to ensure that their work is ethical, responsible and confidential, and have their own Professional Indemnity insurance.

## Making an appointment

You can make an appointment by calling the centre. We will then arrange for the appropriate practitioner to call you back to arrange a convenient time. Apart from holidays, therapists will usually be able to see you within a few days.

You do not normally need your doctor's consent to make an appointment, unless you have a medical condition which might be affected by the treatment. In this case please tell your therapist at the time of making the appointment.

## Arriving for your session

When you first arrive at the centre you will find your therapist's name by one of the doorbells. Ring this bell and your therapist will come to meet you.

There is limited waiting space at the centre, so please do not arrive too early for your session. To avoid keeping other clients and therapists waiting, your therapist will always end your session on time.

## Changing appointments

Most therapists are happy to change appointments provided that adequate notice is given (at least 24 hours). Please note that there may be a charge for sessions which are missed or cancelled at short notice.

If you need to contact your therapist between sessions, you should wherever possible contact them directly.



## Smoking

Because of fire regulations, we are unable to allow smoking or naked flames anywhere in the centre.

## Disabled Access

The ground floor therapy rooms are accessible by wheelchair, but please note that we do not have disabled toilet facilities. We have made arrangements with the CVS centre in Hope Street for the use of their disabled toilet facilities during office hours. Please let your therapist know of any special needs at the time of booking the appointment.